

EDUCATION

Westmont College, B.A., 1994, Psychology

Midwestern State University, M.A., 1997, Psychology

Thesis: The relationship of academic cheating to college classroom environment

University of Kansas, M.A., 2002, Clinical Psychology

Thesis: Validation of the Sense of Duty scale: A confirmatory factor analysis

University of Kansas, M.P.H., 2005, Public Health

Thesis: Development of a body image instrument among urban African Americans

University of Kansas, Ph.D., 2006, Clinical Psychology, Health Specialization (APA Approved)

Dissertation: Hope for coping with the urge to smoke: A laboratory-based study

PROFESSIONAL POSITIONS

1997-1999 Research Assistant
University of Kansas, Department of Psychology and School of Education

1998-1999 Project Director
University of Kansas, Center for Research on Learning

2000-2002 Graduate Research Assistant
University of Kansas, Research and Training Center on Independent Living

2001-2005 Graduate Research Associate
University of Kansas Medical Center, Dept of Preventive Medicine & Public Health

2004-2005 Project Director
University of Kansas, Department of Psychology

2006-2008 Postdoctoral Fellow
University of California, San Diego, Moores Cancer Center; California Smokers' Helpline

2008-2014 Assistant Professor
California State University San Marcos, Department of Psychology

2014- Associate Professor
California State University San Marcos, Department of Psychology

HONORS AND AWARDS

- 1994 **Cum Laude**
Westmont College
- 1995 **Psi Chi National Honor Society in Psychology**
Midwestern State University
- 1997 **Woman of the Year Finalist**
Midwestern State University
- 2002 **Graduate Student Paper Presenter Travel Award**
University of Kansas
- 2003 **Student Travel Award**
American Legacy Foundation and the Society for Research on Nicotine and Tobacco Special Populations Committee
- 2003 **Graduate Student Travel Scholarship**
University of Kansas Medical Center
- 2003 **Certificate of Merit for Excellence in Public Service**
American Psychological Association, Division 18 (Psychologists in Public Service)
- 2004 **B. Kent Houston Award for Excellence in Health Psychology**
University of Kansas (Co-Recipient)
- 2005 **Mentor Fund Graduate Student Paper Presenter Travel Award**
University of Kansas
- 2005 **C. R. Snyder Award in Positive Psychology**
University of Kansas
- 2005 **Master of Public Health Thesis Honors**
University of Kansas
- 2009 **Nominee for the Harry E. Brakebill Distinguished Professor Award**
Cal State San Marcos
- 2010 **Early Career Poster Session Travel Award**
National Institute on Drug Abuse (NIDA)
- 2012 **Distinguished Service Learning Faculty Award**
Cal State San Marcos
- 2014 **Nominee for the Harry E. Brakebill Distinguished Professor Award**
Cal State San Marcos
- 2014 **Nominee for the President's Award for Scholarship and Creative Activity**
Cal State San Marcos
- 2015 **Nominee for Wang Family Excellence Award**
Cal State San Marcos
- 2015 **Nominee for the President's Award for Teaching Innovation and Excellence**
Cal State San Marcos
- 2016 **Exceptional Level of Service to Students**
Cal State San Marcos

RESEARCH ACTIVITIES

Publications

* indicates student co-authors

Peer-Reviewed Articles

1. Davis, S. F., Smith, B. G., Rodrigue, K., & **Pulvers, K.** (1999). An examination of Internet usage on two college campuses. *College Student Journal*, 33(2), 257-260.
2. **Pulvers, K.**, & Diekhoff, G. M. (1999). The relationship between academic dishonesty and college classroom environment. *Research in Higher Education*, 40(4), 487-498.
3. Snyder, C. R., Tran, T., Schroeder, L., **Pulvers, K. M.**, Laub, L., & Adams III, V. (Summer, 2000). Teaching the hope recipe: Setting goals, finding pathways to those goals, and getting motivated. *Reaching Today's Youth*, 4(4), 46-50.
4. Hock, M. F., **Pulvers, K. A.**, Deshler, D. D., & Schumaker, J. B. (2001). The effects of an after-school tutoring program on the academic performance of at-risk and students with learning disabilities. *Remedial and Special Education*, 22(3), 172-186.
5. Snyder, C. R., Shorey, H. S., Cheavens, J., **Pulvers, K. M.**, Adams III, V. H., & Wiklund, C. (2002). Hope and academic success in college. *Journal of Educational Psychology*, 94(4), 820-826.
6. **Pulvers, K. M.**, Catley, D., Okeyemi, K., Scheibmeir, M., McCarter, K., Jeffries, S., & Ahluwalia, J. (2004). Gender, smoking expectancies and readiness to quit among inner-city, African American smokers. *Addictive Behaviors*, 29, 1259-1263.
7. **Pulvers, K. M.**, Lee, R. E., Kaur, H., Mayo, M., Fitzgibbon, M., Jeffries, S., Butler, J., Hou, Q., & Ahluwalia, J. (2004). Development of a culturally-relevant body image instrument among urban African Americans. *Obesity Research*, 12(10), 1641-1651.
8. Nollen, N., Kaur, H., **Pulvers, K.**, Choi, W., Fitzgibbon, M., Li, C., Nazir, N., & Ahluwalia, J. (2006). Correlates of ideal body size among black and white adolescents. *Journal of Youth and Adolescence*, 35(2), 276-284.
9. Ahluwalia, J. S., Okuyemi, K., Nollen, N., Choi, W. S., Kaur, H., **Pulvers, K.**, & Mayo, M.S. (2006). The effects of nicotine gum and counseling among African American light smokers: A 2x2 factorial design. *Addiction*, 101(6), 883-891.
10. Befort, C. A., Greiner, K. A., Hall, S., **Pulvers, K. M.**, Nollen, N., Charbonneau, A., Kaur, H., & Ahluwalia, J. S. (2006). Weight-related perceptions and expectations among patients and their physicians: How well do physicians judge their patients' motivation to lose weight? *Journal of General Internal Medicine*, 21(10), 1086-1090.
11. Okuyemi, K. S., **Pulvers, K. M.**, Cox, L. S., Thomas, J. L., Kaur, H., Mayo, M. S., Nazir, N., Etter, J.-F., & Ahluwalia, J. S. (2007). Nicotine dependence among African American light smokers: A comparison of three scales. *Addictive Behaviors*, 32(10), 1989-2002.
12. Zhu, S.-H., **Pulvers, K.**, Zhang, Y., Baezconde-Garbanati, L. (2007). Most Latino smokers in California are low frequency smokers. *Addiction*, 10(2), 104-111.
13. Banitt, A., Kaur, H., **Pulvers, K.**, Nollen, N., Ireland, M., & Fitzgibbon, M. L. (2008). BMI percentiles and body image discrepancy in black and white adolescents. *Obesity*, 16(5), 987-991.

14. Nollen, NL, Befort, C., **Pulvers, K.**, Kaur, H., James, A., Mayo, M., Hou, Q, & Ahluwalia, JS (2008). Demographic and psychosocial factors associated with fruit and vegetable consumption among smokers in public housing enrolled in a randomized trial. *Health Psychology, 27*, No 3(Suppl), S252-259.
15. Thomas, J. L., **Pulvers, K. M.**, Befort, C. A., Berg, C. J., Mayo, M. S., Nazir, N., & Ahluwalia, J. S. (2008). Smoking-related weight control expectancies among African American light smokers enrolled in a smoking cessation trial. *Addictive Behaviors, 33*(10), 1329-1336.
16. Zhu, S.-H., & **Pulvers K.** (2008). Beyond withdrawal symptoms: Response to DiFranza. *Addiction, 103*, 512-513.
17. **Pulvers, K. M.**, Kaur, H., Nollen, N. L., Greiner, K. A., Befort, C. A., Hall, S., Born, W., Fitzgibbon, M. L., & Ahluwalia, J. S. (2008). Comparison of body perceptions between obese primary care patients and physicians: Implications for practice. *Patient Education and Counseling, 73*(1), 73-81.
18. *Hood, A., **Pulvers, K.**, *Carrilo, J., *Merchant, G., & Thomas, M. (2012). Positive traits linked to less pain through lower pain catastrophizing. *Personality and Individual Differences, 52*, 401-405.
19. **Pulvers, K.**, *Hood, A., *Limas, E. F., & Thomas, M. T. (2012). Female smokers show lower pain tolerance in a physical distress task. *Addictive Behaviors, 37*, 1167-1170.
20. *Merchant, G., **Pulvers, K.**, *Brooks, R., & *Edwards, J. (2013). Coping with the urge to smoke: A real-time analysis. *Research in Nursing & Health, 36*, 3-15.
21. **Pulvers, K.**, & *Hood, A. (2013). The role of positive traits and pain catastrophizing in pain perception. *Current Pain and Headache Reports, 17*(5) 330.
22. Romero, D. R., & **Pulvers, K.** (2013). Smoking among Asian American and Pacific Islander college students: Implications for college health promotion. *Health Promotion Practice, 14*(5S), 61-69.
23. **Pulvers, K.**, *Bachand, J., Nollen, N., Guo, H., & Ahluwalia, J. S. (2013). African American adult norms for a culturally relevant body image scale. *Eating Behaviors, 14*, 437-440.
24. *Hood, A., **Pulvers, K.**, & Spady, T. J. (2013). Timing and gender determine if acute pain impairs working memory performance. *Journal of Pain, 14*, 1320-1329.
25. **Pulvers, K.**, *Schroeder, J., *Limas, E., & Zhu, S.-H. (2014). Computer-delivered social normative message influences pain tolerance. *Annals of Behavioral Medicine, 47*, 316-324.
26. **Pulvers, K.**, Scheuermann, T. S., Romero, D. R., *Basora, B., Lui, X., & Ahluwalia, J. S. (2014). Classifying a Smoker Scale in daily and nondaily adult smokers. *Nicotine and Tobacco Research, 16*, 591-599.
27. Kendzor, D. E., Businelle, M. S., Reitzel, L. R., Rios, D., Scheuermann, T. S., **Pulvers, K.**, & Ahluwalia, J. S. (2014). Everyday discrimination is associated with nicotine dependence in African American, Latino, and White smokers. *Nicotine and Tobacco Research, 16*, 633-640.
28. Romero, D.R., **Pulvers, K.**, Scheuermann, T. S., & Ahluwalia, J. A. (2014). Psychosocial and behavioral characteristics among subgroups of nondaily college student smokers. *Tobacco Use Insights, 7*, 15-19.
29. **Pulvers, K.**, Scheuermann, T. S., *Emami, A., *Basora, B., Lui, X., Khariwala, S., & Ahluwalia, J. S. (2014). Reasons for smoking among tri-ethnic nondaily and daily

- smokers. *Nicotine and Tobacco Research*, 16, 1567-1576.
30. Berg, C. J., Romero, D. R., & **Pulvers, K.** (2015). Perceived harm of tobacco products and individual schemas of a smoker in relation to change in tobacco product use over one year among young adults. *Substance Use and Misuse*, 50, 90-98.
 31. *Hood, A., **Pulvers, K.**, Spady, T., *Kliebenstein, A., & *Bachand, J. (2015). Anxiety mediates the effect of acute stress on working memory performance when cortisol levels are high: A moderated mediation analysis. *Anxiety, Stress and Coping*, 28(5), 545-62.
 32. **Pulvers, K.**, Romero, D. R., *Blanco, L., Sakuma, K.-L., Ahluwalia, J. S., & Trinidad, D. R. (2015). Light and intermittent smoking among African American, Latino, and non-Hispanic White men and women. *Nicotine & Tobacco Research*, 17, 755-759.
 33. **Pulvers, K.**, Hayes, R. B., Scheuermann, T. S., Romero, D. R., *Emami, A. E., Resnicow, K., Olendzki, E., Person, S., & Ahluwalia, J. S. (2014). Tobacco use, quitting behavior, and health characteristics among current electronic cigarette users in a national tri-ethnic adult stable smoker sample. *Nicotine & Tobacco Research*, 17, 1085-95. doi: 10.1093/ntr/ntu241
 34. Trinidad, D. R., Xie, B., Fagan, P., **Pulvers, K.**, Romero, D. R., *Blanco, L., & Sakuma, K.L.K. (2015). Disparities in the population distribution of African American and non-Hispanic white Smokers along the quitting continuum. *Health Education and Behavior*, 4, 742-751. doi: 10.1177/1090198115577376.
 35. Ryan, M., Romero, D., Tolentino, J., Hammett, I., Robins, D., *Volden, J., & **Pulvers, K.** (2015). Tobacco use among healthcare workers: Impact of a worksite policy change at a military community hospital. *Journal of Smoking Cessation*. doi: <http://dx.doi.org/10.1017/jsc.2015.13>
 36. Khariwala, S. S., Scheuermann, T. S., Luo, X., Nollen, N. L., **Pulvers, K.**, Siddiqi, K., Sherman, S., & Ahluwalia, J. S. (2015). Do health care providers differentiate between daily and nondaily smokers when counseling for smoking cessation? Analysis by race/ethnicity. *Journal of Family Medicine*, 2, 1041. ISSN: 2380-0658.
 37. Sakuma, K.-L. K., Felicitas, J. Q., Blanco, L., Fagan, P., Perez-Stable, E. J., **Pulvers, K.**, Romero, D. R., & Trinidad, D. R. (in press). Smoking trends by major racial/ethnic groups in California versus the Nation. *Preventive Medicine*.
 38. *Emami, A. S., Woodcock, A., *Swanson, H. E., & *Kapphahn, T., & **Pulvers, K.** (in press). Difficulty with emotion regulation is linked to unhealthy eating through pain catastrophizing. *Appetite*.
 39. **Pulvers, K.**, *Emami, A. S., Nollen, N. L., Romero, D. R., Strong, D. R., Benowitz, N. L., & Ahluwalia, J. S. (in press). Tobacco consumption and harm exposure of cigarette smokers using to electronic cigarettes. *Nicotine & Tobacco Research*.

Manuscripts under Review or in Preparation * indicates student mentorship

Nollen, N. L., Mayo, M. S., Clark, L., Cox, L. S., Khariwala, S., **Pulvers, K.**, Benowitz, N. L., & Ahluwalia, J. S. (under review). Tobacco toxicant exposure in cigarette smokers who use or do not use other tobacco products. *Cancer Epidemiology Biomarkers and Prevention*.

Romero, D. R., Morton, D., Martinez, K. M., & **Pulvers, K.** (under review). Examining respiratory health, tobacco use and exposure to secondhand smoke among San Diego farm workers: A pilot study. *Immigrant and Minority Health*.

Pulvers, K., Zhuang, Y.-L., Sun, J. Y., *Holguin, G., & Zhu, S.-H. (in preparation). Advertising claims versus reasons for using electronic cigarettes by device type in the U.S.

Pulvers, K., Cupertino, A. P., Scheuermann, T. S., Cox, L. S., Nollen, N. L., *Cuellar, R., & Ahluwalia, J. S. (in preparation). Acculturation and sex among Latino nondaily, light, and moderate to heavy smokers.

Pulvers, K., *Ridenour, C., Woodcock, A., *Savin, M., *Holguin, G., Hamill, S., & Romero, D. (in preparation). Marijuana use among adolescent never vs. ever tobacco product users and correlates of dual tobacco and marijuana use.

*Maldonado, A., *Buchanan, M., Romero, D. R., **Pulvers, K.,** & D'Anna-Hernandez, K. (under review). Salivary C-reactive protein moderates the relationship between acculturative stress and state anxiety among ethnic/racial minorities. *Journal of Immigrant and Minority Health*.

Book Chapters

1. Snyder, C. R., & **Pulvers, K. M.** (2001). Dr. Seuss, the coping machine, and “Oh, the Places You’ll Go.” In C. R. Snyder (Ed.), *Coping and copers: Adaptive processes and people* (pp. 3-29). New York: Oxford University Press
2. Snyder, C. R., & **Pulvers, K. M.** (2001). Copers coping with stress: Two against one. In C. R. Snyder (Ed.), *Coping and copers: Adaptive processes and people* (pp. 285-301). New York: Oxford University Press.
3. Adams III, V. H., Snyder, C. R., Rand, K. L., O’Donnell, E. A., Sigmon, D. R., & **Pulvers, K. M.** (2010). Hope in the work place. In R. Giacalone & C. Jurkiewicz (Eds.). *Work place spirituality and organizational performance*, 2nd ed., (pp. 241-251). New York: Sharpe.

Published Abstracts

Pulvers, K. M., Catley, D., Okeyemi, K., Scheibmeir, M., McCarter, K., Jeffries, S., & Ahluwalia, J. (2002). Gender, smoking expectancies and readiness to quit among inner-city, African American smokers. [Abstract]. *Annals of Behavioral Medicine*, 24(2002 supplement), S054.

Pulvers, K. M., Lee, R. E., Ahluwalia, S. K., Mayo, M. S., Fitzgibbon, M. L., & Ahluwalia, J. S. (2003). Reliability of a culturally sensitive body image instrument among urban African Americans. [Abstract]. *Annals of Behavioral Medicine*, 25(2003 supplement), S165.

Nollen, N., Ahluwalia, H., **Pulvers, K.,** Choi, W., Fitzgibbon, M., Li, C., Nazir, N., & Ahluwalia, J. (2003). Correlates of ideal body size among black and white adolescents. [Abstract]. *Obesity Research*, 11(2003 Supplement), 601-P.

*Carlson, J. A., **Pulvers, K. M.,** Selig, J. P., & Grobe, J. E. (2006). The role of positive outcome expectancies in the ability to resist smoking in a lab-based setting. [Abstract]. *Annals of Behavioral Medicine*, 31 (2006 supplement), S148.

Thomas, J.L., **Pulvers, K.M.,** Stewart, D.W., Mayo, M.S., Nazir, N., Ahluwalia, J.S. (2006). Smoking-related weight expectancies among African American smokers participating in a smoking cessation trial [Abstract]. *Annals of Behavioral Medicine*, 31(2006 supplement), S090.

Pulvers, K., Cox, L.S., Lopez, S., Selig, J., & Ahluwalia, J.S. (2008). Hope for coping with the urge to smoke: A real-time study [Abstract]. *Annals of Behavioral Medicine*, 35 (2008 supplement), S76.

Pulvers, K., Nguyen, Q.B., Norman, G.J., Cummins, S.E., Zhu, S.H. (2011). Development of a brief perceived support scale for helper-led smoking cessation [Abstract]. *Annals of Behavioral Medicine*, 41 (2011 suppl), s42.

Pulvers, K., *Limas, E., *Merchant, G., & *Pandzic, I. (2012). Hope is linked with positive affect during nicotine deprivation. [Abstract]. *Annals of Behavioral Medicine*, 43 (2012 supplement 1), S259.

* Pandzic, I., & **Pulvers, K.** (2012). Optimism moderates the relationship between fatigue and distress among college students. [Abstract]. *Annals of Behavioral Medicine*, 43 (2012 supplement 1), S186.

*Limas, E., **Pulvers, K.**, & *Edwards, J. (2012). Pain tolerance is influenced by social normative messages. [Abstract]. *Annals of Behavioral Medicine*, 43 (2012 supplement 1), S37.

*Merchant, G., **Pulvers, K.**, *Hood, A., & *Carrilo, J. (2012). Measurement issues within the stages of change for exercise. [Abstract]. *Annals of Behavioral Medicine*, 43 (2012 supplement 1), S40.

*Strege, M.V., & **Pulvers, K.** (2013). The link between mindfulness and disordered eating among White and Hispanic college students. [Abstract]. *Annals of Behavioral Medicine*, 45 (2013 supplement), S116.

Pulvers, K., *Limas, E. F., *Schroeder, J., & Zhu, S.-H. (2013). Computer-delivered social normative message increases pain tolerance. *Annals of Behavioral Medicine*, 45 (2013 supplement), S95.

Pulvers, K., *Bachand, J., Nollen, N., Guo, H., & Ahluwalia, J. S. (2013). BMI-based norms for a culturally relevant body image scale among African Americans. *Annals of Behavioral Medicine*, 45 (2013 supplement), S121.

*Limas, E., *Strege, M., *Basora, B., *Rosenberg, D., *Zahir, H., *Edwards, J., & **Pulvers, K.** (2013). Cognitive-specific coping strategies are associated with increased pain tolerance during a physically distressing task. *Annals of Behavioral Medicine*, 45 (2013 supplement), S291.

Grants

External Grants - Active

R15 MH099498 D'Anna-Hernandez (PI) 01/15/14-1/14/17
Acculturation, Mood and Stress Response in Mexican-American Mother/Infant Dyads
This project examines the association between acculturation (process of one culture adopting the norms of a majority culture), prenatal mental health, and subsequent stress vulnerability in infants in the US Mexican population
Role: Consultant

HHS-2015-ACF-OFA-FK-0993 Sañudo (PI) 9/30/15-9/29/20
New Pathways for Fathers and Families: The Dad's Club

This program serves 800 low-income fathers in North San Diego County, with a focus on young fathers of color. The primary objectives are to improve family functioning and well-being.
Role: Evaluator

American Cancer Foundation Pulvers (PI) 10/1/16-9/30/17

Cougar Clean: Kicking Toxic Butts Off Campus at Cal State San Marcos

This project will support implementation of a 100% smoke/tobacco-free college campus policy. Four primary objectives include forming an implementation task force, evaluation tobacco-related issues, educating and engaging the campus community about the policy, and addressing tobacco cessation.

Role: PI

5R01CA190347-02 Strong and Pierce (PIs) 8/1/16-3/31/20

The Effect of Packaging on Smoking Perceptions and Behavior: A Randomized Trial

This randomized clinical trial addresses two critical areas identified by the FDA: the impact of cigarette packaging and labeling on consumer perceptions and on smoking behavior; and the effectiveness of graphic warning labels on communicating risk of tobacco products. The aim is to provide some of the substantial evidence that Judge Jones required in finding against the FDA packaging regulations.

Role: Co-I and Site PI

Internal Grants - Active

University Professional Development Grant, California State University San Marcos

Pulvers (PI) 7/1/16-6/30/17

Risk and Resilience Factors for Stress Reactivity among Hispanic and non-Hispanic Whites

This project aims to identify the link between sleep, substance use, and resilience factors with behavioral stress response, and to determine whether the relationship varies by ethnicity and moderating variables such as acculturative stress

External Grants – Pending

Tobacco Related Disease Research Program Pulvers (PI) 7/1/17-6/30/19

College Tobacco Policy Implementation Components and Success

This high impact pilot project will lay a foundation to improve technical capacity for tobacco regulatory work by building a theory-driven set of standardized, sustainable practices and tools for guiding colleges in smoke and tobacco free policy implementation and long-term compliance

Role: PI

SC3 (PAR-14-018) Pulvers (PI) 4/1/17-3/31/21

Toxicant Exposure and Harm Perceptions in Cigarette Smokers

This study will address a critical gap in the research regarding a major public health issue – use of electronic cigarettes by smokers. The long-term objective of the proposed work is to reduce the disease burden of tobacco use. The current line of research investigates the effects of electronic cigarette use on toxicant exposure and cognitive-perceptual variables linked with long-term tobacco use.

Role: PI

R01 (PA-15-003) Doran (PI) 7/1/17-6/30/22
Prospective Effects of Hookah Smoking on Tobacco Dependence and Other Tobacco Use
This study will assess the association of hookah use with these outcomes over a two year period, and is designed to identify mechanisms explaining why and for whom experimental hookah use increases risk. The CSUSM sub-study will test the hypothesis that the impact of hookah use on tobacco dependence is mediated by objective and subjective reinforcement from tobacco use.
Role: Site PI

External Grants – Completed

5U01CA154280-004 Zhu (PI) 07/01/14-06/30/15
E-cigarette Use among College Students and the Effects of Different Campus Policies
The goal of this project was to establish the prevalence of electronic cigarette and other tobacco product use, and identify attitudes and beliefs toward these products among first and second year college students.
Role: Site PI

American Legacy Foundation Sponsored Project Novotny (PI) 04/01/14-03/31/15
Randomized Cross-Over Trial of Unfiltered Cigarettes
The goal of this project was to demonstrate the feasibility of a randomized cross-over trial of unfiltered cigarettes testing the effect on smoking behavior and toxic exposure.
Role: Site PI

Internal Grants - Completed

2008, University Professional Development Award, California State University San Marcos, *Pathways to Adaptive Pain Coping Strategies for Smokers: A Pilot Study*, \$4,000
2009, Grant Proposal Seed Money Award, California State University San Marcos, *Establishing Norms for a Pain Intervention Study with Smokers*, \$3,000
2010, University Professional Development Award, California State University San Marcos, *Using a Social Norm Approach to Change Distress Tolerance*, \$1,982
2010, Faculty Center Professional Development Award, California State University San Marcos, *Social Norms and Distress Tolerance*, \$750
2010, CoAS Faculty Development Grant Award, California State University San Marcos, *Pain Tolerance and Smoking Cessation*, \$475
2011, University Professional Development Award, California State University San Marcos, *Using a Social Norm Approach to Change Pain Tolerance*, \$5,202
2012, University Professional Development Award, California State University San Marcos, *Publication of African American Adult Norms for a Culturally Relevant Body Image Scale*, \$5202
2012, Grant Proposal Seed Money Award, California State University San Marcos, *Tobacco Use among California Migrant Workers*, \$3000
2012, CHABSS Faculty Development Grant, California State University San Marcos, *Recruiting for Community-based Health Study*, \$1,200

2013, University Professional Development Award, California State University San Marcos, *Publication of Distress Tolerance and Health Risk Behaviors Study*, \$5,250
2013, Chancellors Doctoral Incentive Program Scholar Development Mini-Grant, *Presenting at Society of Behavioral Medicine Conference*, \$1,000
2013, Faculty Center Professional Development Award, California State University San Marcos, *Presenting Health Psychology Research*, \$883
2013, Faculty Center Professional Development Award, California State University San Marcos, *Presenting Tobacco Research*, \$500
2013, CHABSS Faculty Development Grant, California State University San Marcos, *Presenting at Society for Nicotine and Tobacco Research Conference*, \$1,200
2014, University Professional Development Award, California State University San Marcos, *Stress Reactivity and Health among Latinos and non-Latino Whites*, \$5,000
2014, Grant Proposal Seed Money Award, California State University San Marcos, *Electronic Cigarette Trial Pilot*, \$3,000
2015, Faculty Center Professional Development Award, California State University San Marcos, *Presenting Tobacco Research*, \$750
2015, CHABSS Faculty Development Grant, California State University San Marcos, *Presenting Tobacco-related Health Disparities Paper*, \$1,050

Community Engagement Grant, California State University San Marcos

Pulvers (PI) 05/31/15-6/1/16

Evaluating Vista Community Clinic REACH Program

The goal of this study is to evaluate the impact of a preventive education program for at-risk youth on academic achievement, sexual activity, alcohol and other drug use, violence, and gang activity.

Role: PI

University Professional Development Grant, California State University San Marcos

Pulvers (PI) 07/01/15-06/30/16

Publication of Adolescent Substance Use Behaviors Study

The goal of this project is to establish the prevalence of substance use behaviors among a local high school population, identify risk factors and protective factors associated with substance use, and establish predictors of substance use for future intervention.

Role: PI

2015, Office of Graduate Studies and Research Grant Writing Bootcamp, \$4,500

2015, CHABSS Faculty Development Grant, California State University San Marcos, *Presenting Electronic Cigarette Study Conference Paper*, \$1,000

2015, Faculty Center Professional Development Grant, California State University San Marcos, *Presenting Electronic Cigarette Study Conference Paper*, \$750

Presentations

Conference Presentations

1. Roberts, M. K., Hill, K., Wozencraft, T., & **Pulvers, K.** (1996, April). *The relationship between depression and restrained eating in a normal population*. Poster presentation at the Annual Convention of the Southwestern Psychological Association, Houston, TX.
2. **Pulvers, K.**, Klyn, M., Gose, B., Hunt-Hill, R., & Wozencraft, T. (1996, May). *Students' perspectives on mentoring*. Symposium at the Southwest Regional Conference for Teachers of Psychology, Fort Worth, TX.
3. Roberts, K., Coates, S., **Pulvers, K.**, & Cook, D. (1997, April). *The relationship between depression and body image distortion in a college population*. Poster presentation at the Annual Convention of the Southwestern Psychological Association, Fort Worth, TX.
4. Roberts, K., **Pulvers, K.**, Burns, S., Ranger, H., Wozencraft, T., & Davis, S. (1997, April). *What's in it for me? Growth opportunities at SWPA*. Symposium at the Annual Convention of the Southwestern Psychological Association, Fort Worth, TX.
5. Davis, S. F., **Pulvers, K.**, Lee, S., & Winters, S. (1998, March). *Examining the relation between self-monitoring and hope*. Poster presentation at the Annual Convention of the Southwestern Psychological Association, New Orleans, LA.
6. **Pulvers, K. A.** (1998, March). *The relationship between cheating and college classroom environment*. Poster presentation at the Annual Convention of the Southwestern Psychological Association, New Orleans, LA.
7. Davis, S. F., Smith, B. G., Rodrigue, K., & **Pulvers, K.** (1999, April). *An examination of internet usage on two college campuses*. Poster presentation at the Annual Convention of the Southwestern Psychological Association, Albuquerque, NM.
8. **Pulvers, K. M.**, Catley, D., Okeyemi, K., Scheibmeir, M., McCarter, K., Jeffries, S., & Ahluwalia, J. (2002, April). *Gender, smoking expectancies and readiness to quit among inner-city, African American smokers*. Oral presentation at the Annual Conference of the Society of Behavioral Medicine, Washington, DC.
9. **Pulvers, K. M.**, & Snyder, C. R. (2002, May). *Hope: What's the Big Five got to do with it?* Poster presentation at the Annual Conference of the Midwestern Psychological Association, Chicago, IL.
10. **Pulvers, K. M.**, & Gallant, S. J. (2002, May). *Validation of a measure of dutifulness*. Poster presentation at the Annual Conference of the Midwestern Psychological Association, Chicago, IL.
11. **Pulvers, K. M.** *Evaluating the Sense of Duty Scale: Further evidence of reliability and validity*. (2002, August) Symposium at the Annual Convention of the American Psychological Association, Chicago, IL.
12. Nary, D. E., **Pulvers, K. M.**, & White, G. W. (2002, November). *Testing a home physical activity program for persons with physical disabilities*. Disability forum at the Annual Conference of the American Public Health Association, Philadelphia, PA.
13. **Pulvers, K. M.**, Lee, R. E., Ahluwalia, S. K., Mayo, M. S., Hou, Q., Fitzgibbon, M. L., & Ahluwalia, J. S. (2003, March). *Reliability of a culturally sensitive body image instrument among urban African Americans*. Poster presentation at the Annual Conference of the Society of Behavioral Medicine, Salt Lake City, UT.
14. Nollen, N.L., Kaur, S., **Pulvers, K.**, Choi, W., Fitzgibbon, M., Li, C., Nazir, N., Ahluwalia, J.S. (2003, October). *Correlates of ideal body size among black and white adolescents*. Poster presentation at the Annual Scientific North American Association for the Study of Obesity Meeting, Fort Lauderdale, FL.

15. Born, W.K., **Pulvers, K.**, Lee, R.E., Nollen, N.L., Greiner, K.A., Kaur, H., & Fitzgibbon, M. (2004, March). *Body image discrepancy among rural obese patients*. Poster presentation at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.
16. **Pulvers, K. M.**, Born, W., Greiner, K. A., Nollen, N. L., Kaur, H., Hall, S., Fitzgibbon, M. L., & Ahluwalia, J. S. (2005, April). *Do you see what I see? Body image perceptions among obese rural primary care patients and their physicians*. Poster presentation at the Annual Meeting of the Society of Behavioral Medicine, Boston, MA.
17. Okuyemi, K. S., **Pulvers, K. M.**, Cox, L. S., Thomas, J. L., Kaur, H., Mayo, M. S., Nazir, N., Etter, J.-F., & Ahluwalia, J. S. (2006). *Nicotine dependence among African American light smokers: A comparison of three scales*. Poster presentation at the Annual Conference of the Society for Research on Nicotine & Tobacco, Orlando, FL.
18. Ahluwalia, J. S., Okuyemi, K., Nollen, N., Choi, W. S., Kaur, H., **Pulvers, K.**, & Mayo, M.S. (2006). *The effects of nicotine gum and counseling among African American light smokers: A 2x2 factorial design*. Oral presentation at the Annual Conference of the Society for Research on Nicotine & Tobacco, Orlando, FL.
19. Bronars, C., Thomas, J., Jeffries, S., **Pulvers, K.**, Okuyemi, K., Stewart, D., & Ahluwalia, J. S. (2006). *Psychometric properties of a brief Smoking Consequences Questionnaire for Adults (SCQ-A) among African American light smokers*. Poster presentation at the Annual Conference of the Society for Research on Nicotine & Tobacco, Orlando, FL.
20. Thomas, J. L., **Pulvers, K. M.**, Stewart, D. W., Mayo, M. S., Nazir, N., & Ahluwalia, J. S. (2006). *Smoking-related weight expectancies among African American light smokers participating in a smoking cessation trial*. Oral presentation at the Annual Conference of the Society for Behavioral Medicine, San Francisco, CA .
21. *Carlson, J. A., **Pulvers, K. M.**, Selig, J. P., & Grobe, J. E. (2006). *The role of positive outcome expectancies in the ability to resist smoking in a lab-based setting*. Poster presentation at the Annual Conference of the Society for Behavioral Medicine, San Francisco, CA.
22. Nguyen, Q. B., **Pulvers, K.**, & Zhu, S.-H. (2007). *Mental models of quitting: A qualitative analysis of dyads*. Poster presentation at the Annual Conference of the Society for Behavioral Medicine, Washington D.C.
23. Sumerall, S. W., Oehlert, M. E., Neal, P. C., Cohn, T. J., Ellis, B., **Pulvers, K. M.**, & Owens, C. R. (2007). *Mindfulness as a measure of treatment effectiveness in a co-occurring diagnosis program*. Poster presentation at the Annual Convention of the Association of Psychological Science, Washington, D.C.
24. **Pulvers, K.**, Cox, L.S., Lopez, S., Selig, J., & Ahluwalia, J.S. (2008). *Hope for coping with the urge to smoke: A real-time study*. Poster presentation at the Annual Conference for the Society of Behavioral Medicine, San Diego, CA.
25. **Pulvers, K.**, & *Garcia, R. (2010, August). *Understanding motives and expectancies about smoking among depressed nicotine users*. Poster presentation at the Annual Conference of the American Psychological Association, San Diego, CA.
26. **Pulvers, K.**, *Merchant, G., *Pandzic, I., *Potter, R., *Carlson, J., & *Thode, L. (2010, August). *Cognitive and affective correlates of distress tolerance and smoking relapse*. Poster presentation at the Annual Conference of the American Psychological Association, San Diego, CA.

27. *Shepard, A., *Merchant, G., & **Pulvers, K.** (2010, August). *Does affect mediate the relationship between hope and nicotine dependence?* Poster presentation at the Annual Conference of the American Psychological Association, San Diego, CA.
28. *Talicuran, M., *Bayles, S., *Pandzic, I., & **Pulvers, K.** (2010, August). *Is gender a moderator between negative affect reduction and distress?* Poster presentation at the Annual Conference of the American Psychological Association, San Diego, CA.
29. **Pulvers, K.**, & *Hood, A. (2010, November). Cigarette smoking and gender effects on pain sensitivity in a cold pressor task. Poster presentation at the Annual Biomedical Research Conference for Minority Students, Charlotte, NC.
30. **Pulvers, K.**, Nguyen, Q., Norman, G., Cummins, S., & Zhu, S.-H. (2011, April). Development of a brief perceived support scale for helper-led smoking cessation. Poster presentation at the Society of Behavioral Medicine Conference, Washington D.C.
31. *Brooks, R. D., & **Pulvers, K. M.** (2011, April). Smoking dependence motives mediate the relationship between depression and smoking outcome expectancies. Poster presentation at the Western Psychological Association's 91st Annual Convention, Los Angeles, CA.
32. *Merchant, G., *Brooks, R. D., *Edwards, J. L., & **Pulvers, K. M.** (2011, April). Effective methods for coping with the urge to smoke. Poster presentation at the Western Psychological Association's 91st Annual Convention, Los Angeles, CA.
33. **Pulvers, K.**, *Hood, A., *Carrilo, J., & *Merchant, G. (2011, April). Positive traits are linked to less pain through lower pain catastrophizing. Poster presentation at the Western Psychological Association's 91st Annual Convention, Los Angeles, CA.
34. **Pulvers, K.**, *Limas, L., *Limas, E., & *Margetta, S. (2011, April). Social norm approach impacts pain tolerance when the message is credible. Poster presentation at the Western Psychological Association's 91st Annual Convention, Los Angeles, CA.
35. **Pulvers, K.**, *Limas, E., *Merchant, G., & *Pandzic, I. (2012, April). Hope is linked with positive affect during nicotine deprivation. Poster presentation at the Society of Behavioral Medicine Conference, New Orleans, LA.
36. *Pandzic, I., & **Pulvers, K.** (2012, April). Optimism moderates the relationship between fatigue and distress among college students. Poster presentation at the Society of Behavioral Medicine Conference, New Orleans, LA.
37. *Limas, E., **Pulvers, K.**, & *Edwards, J. (2012, April). Pain tolerance is influenced by social normative messages. Poster presentation at the Society of Behavioral Medicine Conference, New Orleans, LA.
38. *Merchant, G., **Pulvers, K.**, *Hood, A., & *Carrilo, J. (2012, April). Measurement issues within the stages of change for exercise. Poster presentation at the Society of Behavioral Medicine Conference, New Orleans, LA.
39. *Edwards, J., **Pulvers, K.**, *Bachand, J., & *Limas, E. (2012, April). Negative emotions linked to unhealthy eating behaviors among college students. Poster presentation at the Society of Behavioral Medicine Conference, New Orleans, LA.
40. *Kliebenstein, A., *Hood, A., *Bachand, J., **Pulvers, K.**, & Spady, T. (2012, May). Anxiety linked to worse memory performance during and after stressor. Poster presentation at the Association for Psychological Science Conference, Chicago, IL.
41. *Hood, A., *Kliebenstein, A., **Pulvers, K.**, & Spady, T. (2012, May). Timing determines if acute stress impairs or enhances working memory performance. Poster presentation at the Association for Psychological Science Conference, Chicago, IL.

42. Romero, D., **Pulvers, K.** Buchanan, T., & Ahluwalia, J. (2012, August). College student smoking: Social or a pattern of infrequent smoking. Oral presentation at the National Conference on Tobacco or Health.
43. Ryan, M., Tolentino, J., Hammett, I., Robbins, D., *Volden, J., **Pulvers, K.**, & Romero, D. (2012, August). Tobacco use by military healthcare professionals: Impact of a policy change at Naval Hospital Camp Pendleton. Oral presentation at the Military Health System Research Symposium.
44. Romero, D., **Pulvers, K.**, *Vazquez, A., & *Basora, B. (2012, October). Racial comparison of smoking behaviors among college students. Poster presentation at the American Public Health Association Conference, San Francisco, CA.
45. Romero, D., **Pulvers, K.**, *Volpe, C., & *Volden, J. (2013, March). Hookah use between cigarette and non-cigarette smoking college students. Poster presentation at the Society of Nicotine and Tobacco Research Conference, Boston, MA.
46. *Strege, M.V., & **Pulvers, K.** (2013, March). The link between mindfulness and disordered eating among White and Hispanic college students. Poster presentation at the Society of Behavioral Medicine Conference, San Francisco, CA.
47. **Pulvers, K.**, *Schroeder, J., *Limas, E. F., & Romero, D. (2013, March). Does pain trigger changes in craving and affect among non-heavy smokers? An exploratory analysis. Poster presentation at the Society of Nicotine and Tobacco Research Conference, Boston, MA.
48. **Pulvers, K.**, *Limas, E. F., *Schroeder, J., & Zhu, S.-H. (2013, March). Computer-delivered social normative message increases pain tolerance. Paper presentation at the Society of Behavioral Medicine Conference, San Francisco, CA.
49. **Pulvers, K.**, *Bachand, J., Nollen, N., Guo, H., & Ahluwalia, J. S. (2013, March). BMI-based norms for a culturally relevant body image scale among African Americans. Poster presentation at the Society of Behavioral Medicine Conference, San Francisco, CA.
50. *Limas, E., *Strege, M., *Basora, B., *Rosenberg, D., *Zahir, H., *Edwards, J., & **Pulvers, K.** (2013, March). Cognitive-specific coping strategies are associated with increased pain tolerance during a physically distressing task. Poster presentation at the Society of Behavioral Medicine Conference, San Francisco, CA.
51. Ryan, M., Tolentino, J., Hammett, I., *Volden, J., Robbins, D., **Pulvers, K.**, & Romero, D. (2013, February). Tobacco use among healthcare workers and impact of a tobacco policy change at a military community hospital. Poster presentation at the Preventive Medicine Conference, Phoenix, AZ.
52. *Merchant, G., & **Pulvers, K.** (2013, March). Ready to exercise? Exercise-specific cognitions and emotions of young women. Poster presentation at the Society of Behavioral Medicine Conference, San Francisco, CA.
53. **Pulvers, K.**, Scheuermann, T. S., Romero, D. R., *Basora, B., Lui, X., & Ahluwalia, J. S. (2014, February). Nondaily and daily smokers' identity and classification of a smoker. Poster presentation at the Society for Nicotine and Tobacco Research, Seattle, WA.
54. **Pulvers, K.**, Scheuermann, T. S., *Emami, A., *Basora, B., Lui, X., & Ahluwalia, J. S. (2014, February). Reasons for smoking among tri-ethnic nondaily and daily smokers. Poster presentation scheduled at the Society for Nicotine and Tobacco Research, Seattle, WA.
55. **Pulvers, K.**, Romero, D., *Vazquez, A., Martinez, K., Nuñez-Alvarez, A., & Novotny, T. (2014, February). Tobacco use, secondhand smoke exposure, and respiratory health

- issues among San Diego migrant farm workers. Poster presentation scheduled at the Society for Nicotine and Tobacco Research, Seattle, WA.
56. Kendzor, D. E., Businelle, M. S., Reitzel, L. R., Rios, D., Scheuermann, T. S., **Pulvers, K.**, & Ahluwalia, J. S. (2014, February). Everyday discrimination is associated with nicotine dependence in African American, Latino, and White smokers. Poster presentation scheduled at the Society for Nicotine and Tobacco Research, Seattle, WA.
 57. Romero, D., R., *Volpe, C., & **Pulvers, K.** (2014, February). Social Attitudes toward Smoking Scale. Poster presented at the Society for Nicotine and Tobacco Research, Seattle, WA.
 58. *McLaughlin, M. H., *Rodriguez, D., *Thum, J., **Pulvers, K.**, Romero, D., & D'Anna-Hernandez, K. L. (2014, March). Early sexual behavior is linked to depression, stress, anxiety, and infection: Exploring long term health outcomes. Poster presentation at the American Psychosomatic Society Conference, San Francisco, CA.
 59. *Basora, B., *Roome, N., *Amba-Pascua, A., *Emami, A., *Brady, G., & **Pulvers, K.** (2014, April). Poor emotion regulation is associated with internet addiction. Poster presentation at the Western Psychological Association, Portland, OR.
 60. *Gonzalez, M., *Hackbardt, M., *Emami, A., *Brady, G., & **Pulvers, K.** (2014, April). Low distress tolerance and difficulties in emotion regulation are associated with sexual compulsivity. Poster presentation at the Western Psychological Association, Portland, OR.
 61. *Kappahn, T., *Emami, A., *Swanson, H., *Brady, G., & **Pulvers, K.** (2014, April). Poor emotion regulation is associated with alcohol use and drinking motives. Poster presentation at the Western Psychological Association, Portland, OR.
 62. *Emami, A. S., *Swanson, H. E., *Kappahn, T., & **Pulvers, K.** (May, 2014). Difficulties with emotion regulation and distress tolerance are linked to unhealthy eating through pain catastrophizing. Poster presentation at the American Psychological Society Conference, San Francisco, CA.
 63. *Limas, E. F. & **Pulvers, K.** (2014, November). The effects of a social norm intervention on smokers' physical distress tolerance and smoking behavior. Poster presentation at the Indiana Psychological Association Conference, Indianapolis, IN.
 64. Ahluwalia, J. S., **Pulvers, K.** (co-chair), Scheuermann, T., Khariwala S., & Nollen, N.L. (2015, February). Light and nondaily smoking among African Americans, Hispanic/Latinos, and non-Hispanic Whites: Implications for treatment. Symposium presentation at the Society for Research on Nicotine and Tobacco, Philadelphia, PA.
 65. **Pulvers, K.**, Romero, D. R., *Blanco, L., Sakuma, K.-L.K., Ahluwalia, J.S., & Trinidad, D.R. (2015, February). Light and intermittent smoking among California African American, Hispanic/Latino, and non-Hispanic White men and women. Paper presentation at the Society for Research on Nicotine and Tobacco, Philadelphia, PA.
 66. **Pulvers, K.**, Romero, D. R., Clark, R. J., LaRee, T., Blank, M. D., *Kappahn, T., & Novotny, T. E. (2015, February). Feasibility of a randomized cross-over trial of unfiltered cigarettes on smoking behavior and toxic exposure. Poster presentation at the Society for Research on Nicotine and Tobacco, Philadelphia, PA.
 67. Romero, D. R., Martinez, K., Nunez-Alvarez, A., & **Pulvers, K.** (2015, February).

- Normative beliefs and perceptions in relation to tobacco use among San Diego migrant farm workers. Poster presentation at the Society for Research on Nicotine and Tobacco, Philadelphia, PA.
68. Khariwala, S. S., Scheuermann, T., Luo, X., Nollen, N. L., **Pulvers, K.**, Siddiqi, K., Sherman, S., & Ahluwalia, J. S. (2015, February). Do physicians differentiate between daily and nondaily smokers when counseling for smoking cessation? Poster presentation at the Society for Research on Nicotine and Tobacco, Philadelphia, PA.
 69. *Nilsen, S., *Amba-Pascua, A., *Kapphahn, T, *Emami, A., & **Pulvers, K.** (2015, April). Anxiety sensitivity and low self-esteem can predict negative eating attitudes. Abstract accepted for poster presentation at the Western Psychological Association Conference, Las Vegas, NV. Selected as outstanding paper.
 70. *Amba-Pascua, A., *Nilsen, S., *Emami, A.S., *Kapphahn, T., & **Pulvers, K.** (2015, April). Low distress tolerance: A risk for developing negative eating attitudes. Abstract accepted for poster presentation at the Western Psychological Association Conference, Las Vegas, NV.
 71. *Emami, A.S., *Gonzalez, M., *Gary, M., *Lamb, V., *Ramirez, A., Romero, D.R., & **Pulvers, K.** (2015, April). Anxiety and depression symptoms are associated with marijuana problems. Abstract accepted for poster presentation at the Western Psychological Association Conference, Las Vegas, NV.
 72. *Nilsen, S., *Emami, A.S., *Kessler, D., *Gonzalez, M., *Kliebenstein, A., *Amba-Pascua, A., & **Pulvers, K.** (2015, April). Sexual compulsivity is associated with anxiety sensitivity, depression, and internet addiction. Abstract accepted for poster presentation at the Western Psychological Association Conference, Las Vegas, NV.
 73. **Pulvers, K.**, Romero, D.R., Yang, J., *Hoerr, J., Cummins, S., & Zhu, S.-H. (2015, April). Awareness of tobacco and e-cigarette policies at two California State University campuses with different tobacco control policies. Poster presentation at the State and Community Tobacco Control Steering Committee Meeting, Bethesda, MD.
 74. **Pulvers, K.**, *Emami, A. S., Nollen, N. L., Romero, D. R., Benowitz, N. L., & Ahluwalia, J. S. (2016, March). Tobacco consumption and harm exposure of cigarette smokers switching to electronic cigarettes. Poster presentation at the Society for Research on Nicotine & Tobacco, Chicago, IL.
 75. Hamill, S. B., *West, J., *Rayon, M., *Alvarez, I., *Robison, C., Romero, D., & **Pulvers, K.** (2016, March). Caring for impaired parents: Do adolescent caregivers grow up too fast? Poster presentation at the Society for Research on Adolescence, Washington DC.
 76. Hamill, S. B., *Shaw, K., *West, J., *Alvarez, I., *Rayon, M., *Robison, C., Romero, D., & **Pulvers, K.** (2016, April). Years wasted? Grandparent care, young caregivers, and substance use. Poster presentation at the Western Psychological Association Conference, Long Beach, CA
 77. Hamill, S. B., *West, J., *Rayon, M., *Alvarez, I., *Shaw, K., *Robison, C., **Pulvers, K.**, & Romero, D. (2016, May). Too young to care: Adolescents caring for siblings and alcohol use. Poster presentation at the Western Psychological Association Conference, Long Beach, CA
 78. *Ridenour, C., Hamill, S., Romero, D., *Emami, A., *Hoerr, J., Woodcock, A., & **Pulvers, K.** (2016, April). The role of hope in understanding the link between perceived stress and tobacco and marijuana use among adolescents. Poster presentation at the Western Psychological Association Conference, Long Beach, CA

79. *Lamb, V., *Cuellar, R., *Phonsane, D., *McCann, K., D'Anna-Hernandez, K., Romero, D., & **Pulvers, K.** (2016, April). Are sexually transmitted infections associated with stress, depression, and anxiety? Poster presentation at the Western Psychological Association Conference, Long Beach, CA
80. *Emami, A., *McCann, K., *Phonsane, D., *Lamb, V., *Crews, B., & **Pulvers, K.** (2016, April). Acculturative stress and anxiety linked to pain among Hispanic women. Poster presentation at the Western Psychological Association Conference, Long Beach, CA
81. *Cuellar, R. J., *Crews, B., *Kessler, D., Romero, D., Hamill, S., & **Pulvers, K.** (2016, May). Self-esteem moderates the relationship between sleep duration and depressive symptoms among high school students. Poster presentation at the American Psychosomatic Society Conference, Denver, CO.
82. *Ridenour, C., *Hoerr, J., *Kessler, D., *Lamb, V., *Murphy, S., Hamill, S., Romero, D., & **Pulvers, K.** (2016, May). Risk factors for adolescent substance use. Poster presentation at the Association for Psychological Science, Chicago, IL.
83. *Savin, M., *Holguin, G., Hamill, S., Romero, D., & **Pulvers, K.** (2016, May). Prevalence of marijuana use among adolescent never vs. ever tobacco product users: The role of multiple products. Poster presentation at the Association for Psychological Science, Chicago, IL.
84. *Kessler, D., *Ridenour, C., & **Pulvers, K.** (2016, May). Gratitude's effect on meaning in life. Poster presentation at the Association for Psychological Science, Chicago, IL.
85. Hamill, S., Romero, D., & **Pulvers, K.** (2016, November). The perceived impact of caring for grandparents: Educational and psychosocial costs for adolescents. Abstract submitted to the Gerontological Society of America conference.
86. *Reel, C., *Ridenour, C., Hamill, S., Romero, D. & **Pulvers, K.** (2016, July). The influence of parental monitoring on alcohol and marijuana use in high school students. Oral presentation at the APA Summer Research Program Data Blitz.
87. Romero, D. R., Morton, D., Martinez, K. M., & **Pulvers, K.** (2016, November). Examining respiratory health, tobacco use and exposure to secondhand smoke among San Diego farm workers: A pilot study. Oral presentation at the American Public Health Association conference.

Research Fair or Competition

Pulvers, K. M., Lee, R. E., Ahluwalia, S. K., Mayo, M. S., Hou, Q., Fitzgibbon, M. L., & Ahluwalia, J. S. (2003, April). *Validation of a culturally relevant body image instrument among low income, community dwelling adults.* Oral presentation at the University of Kansas Medical Center Student Research Forum, Kansas City, KS.

Pulvers, K. M., Born, W., Greiner, K. A., Nollen, N. L., Kaur, H., Hall, S., Fitzgibbon, M. L., & Ahluwalia, J. S. (2005, April). *Do you see what I see? Body image perceptions among obese rural primary care patients and their physicians.* Oral presentation at the University of Kansas Medical Center Student Research Forum, Kansas City, KS.

*Friend, P., *Meldau, A., & **Pulvers, K.** (2009). *The link between pleasure from smoking, mood and urge.* Poster presented at the 16th Annual Psychology Student Research Fair, Cal State San Marcos.

*Potter, R., *Thode, C., *Pandzic, I., & **Pulvers, K.** (2009). *Positive traits can help protect against different aspects of smoking*. Poster presented at the 16th Annual Psychology Student Research Fair, Cal State San Marcos.

*Encarnacion, M., *Talicuran, M., *Monarez, C, *Pandzic, I., & **Pulvers, K.** (2009). *Negative affect reduction is associated with women*. Poster presented at the 16th Annual Psychology Student Research Fair, Cal State San Marcos.

*Garcia, R., & **Pulvers, K.** (2010). *Understanding motives and expectancies about smoking among depressed nicotine users*. Oral presentation at the Student Research Competition, Cal State San Marcos.

*Shepard, A., *Merchant, G., & **Pulvers, K.** (2010). *Hope, nicotine dependence, and the mediating role of affect*. Oral presentation at the Student Research Competition, Cal State San Marcos.

* Hood, A., & **Pulvers, K.** (2011, January). Cigarette smoking and gender effects on pain sensitivity in a cold pressor task. Poster presentation at the Council of University of Directors of Clinical Programs, Nashville, TN.

* Hood, A., & **Pulvers, K.** (2011). *Female smokers show increased pain sensitivity for a physically distressing task*. Oral presentation at the Student Research Competition, Cal State San Marcos (finalist).

*Limas, E., & **Pulvers, K.** (2011). *Pain tolerance is influenced by social normative messages*. Oral presentation at the Student Research Competition, Cal State San Marcos (finalist).

* Merchant, G., & **Pulvers, K.** (2011). *Coping with the urge to smoke*. Oral presentation at the Student Research Competition, Cal State San Marcos (finalist).

*Hood, A., **Pulvers, K.**, *Carrilo, J., *Merchant, G., & Thomas, M. (2011). *Positive traits linked to less pain through lower pain catastrophizing*. Oral presentation at the 18th Annual Psychology Student Research Fair, Cal State San Marcos.

*Merchant, G., *Brooks, R., *Edwards, J., & **Pulvers, K.** (2011) *Effective strategies for coping with the urge to smoke*. Poster presentation at the 18th Annual Psychology Student Research Fair, Cal State San Marcos.

* Kliebenstein, A., *Hood, & **Pulvers, K.** (2012). Anxiety linked to worse memory performance during and after stressor. Oral presentation at the Student Research Competition, Cal State San Marcos.

* Zahir, H., *Rosenberg, D., *Edwards, J., *Limas, E., & **Pulvers, K.** (2012, April). Link Between Coping Strategies and Physically Distressing Task. Poster presentation at the 19th Annual Student Research Fair.

* Schroeder, J., & **Pulvers, K.** (2012, April). Experimental pain, affect, and craving among smokers. Poster presentation at the 19th Annual Student Research Fair.

Ryan, M., Tolentino, J., Hammett, I., Robbins, D., *Volden, J., **Pulvers, K.**, & Romero, D. (2012, August). Tobacco use by military healthcare professionals: Impact of a policy change at Naval Hospital Camp Pendleton. Oral presentation at the Military Health System Research Symposium.

*Thum, J., *McLaughlin, M., **Pulvers, K.**, Romero, D., & D'Anna-Hernandez, K. (2013, April). Effects of mental health on physiological wellness: An ongoing study. Poster presentation at the 20th Annual Psychology Student Research Fair.

Romero, D., Martinez, K., Nunez-Alvarez, A., *Vazquez-Santiago, A., & Pulvers, K. (2013, April). Smoking and exposure among California migrant farm workers. Poster presentation at the 20th Annual Psychology Student Research Fair.

Romero, D., Pulvers, K., & *Volpe, C. (2013, April). Social Attitudes Toward Smoking Scale. Poster presentation at the 20th Annual Psychology Student Research Fair.

*Swanson, H., *Schroeder, J., *Brady, G., & Pulvers, K. (2013, April). Positive reframing and increased distress tolerance. Poster presentation at the 20th Annual Psychology Student Research Fair.

INSTRUCTION

Current Teaching Experience

Semester	Course #/Title	Enroll.	Overall Course Quality: Average out of 5 (Deviation)	New Prep
Fall 08	PSYC 352/Human Sexuality	43	4.9 (0.3)	✓
Fall 08	PSYC 402(1)/Psychological Testing	38	4.8 (0.4)	✓
Fall 08	PSYC 402 (2)/Psychological Testing	45	4.7 (0.6)	
Spring 09	PSYC 352/Human Sexuality	47	4.8 (0.4)	
Spring 09	PSYC 402(1)/Psychological Testing	37	4.9 (0.4)	
Spring 09	PSYC 402 (2)/Psychological Testing	34	4.7 (0.4)	
Summer 09	PSYC 352/Human Sexuality	35	4.5 (0.7)	
Fall 09	PSYC 336/Abnormal Psychology	47	4.6 (0.8)	✓
Fall 09	PSYC 402/Psychological Testing	44	4.9 (0.3)	
January 10	PSYC 352/Human Sexuality	37	4.9 (0.4)	
Spring 10	PSYC 336/Abnormal Psychology	48	4.7 (0.5)	
Spring 10	PSYC 402(1)/Psychological Testing	25	4.7 (0.5)	
Spring 10	PSYC 402(2)/Psychological Testing	35	4.5 (0.6)	
Summer 10	PSYC 352/Human Sexuality	33	4.8 (0.4)	
Fall 10	PSYC 402/Psychological Testing	37	4.8 (0.5)	
Fall 10	PSYC 558: Proseminar in Counseling/Clinical Psychology	12	4.8 (0.6)	✓
Spring 11	PSYC 402(1)/Psychological Testing	39	4.6 (0.6)	
Spring 11	PSYC 402(2)/Psychological Testing	40	4.7 (0.5)	
Spring 11	PSYC 336/Abnormal Psychology	40	4.6 (0.7)	
Summer 11	PSYC 352/Human Sexuality	33	4.9 (0.4)	
Summer 11	PSYC 495/Field Experience in Psychological Settings	16	5.0 (0.0)	✓
Fall 11	PSYC 402(1)/Psychological Testing	35	4.7 (0.6)	
Fall 11	PSYC 402(2)/Psychological Testing	40	4.6 (0.9)	
Fall 11	PSYC 336/Abnormal Psychology	40	4.9 (0.3)	
Spring 12	PSYC 402(1)/Psychological Testing	40	4.7 (0.8)	
Spring 12	PSYC 402(2)/Psychological Testing	39	4.8 (0.8)	

Summer 12	PSYC 495: Field Experience in Psychological Settings	17	4.9 (0.2)
Fall 12	PSYC 402(1)/Psychological Testing	31	5.0 (0.2)
Fall 12	PSYC 402(2)/Psychological Testing	30	4.6 (0.7)
Spring 13	PSYC 402(1)/Psychological Testing	18	4.8 (0.4)
Spring 13	PSYC 402(2)/Psychological Testing	30	4.8 (0.5)
Summer 13	PSYC 352: Human Sexuality	26	4.9 (0.3)
Fall 13	PSYC 402(1)/Psychological Testing	39	4.8 (0.5)
Fall 13	PSYC 402(2)/Psychological Testing	28	4.9 (0.3)
Spring 14	PSYC 402(1)/Psychological Testing	46	4.8 (0.5)
Spring 14	PSYC 402(2)/Psychological Testing	49	4.7 (0.6)
Summer 14	PSYC 402/Psychological Testing	19	4.4 (1.1)
Summer 14	PSYC 352: Human Sexuality	25	4.8 (0.4)
Fall 14	Sabbatical	--	--
Spring 15	PSYC 402(1)/Psychological Testing	31	4.6 (0.7)
Spring 15	PSYC 402(2)/Psychological Testing	32	4.9 (0.3)
Spring 15	PSYC 558: Proseminar in Counseling/Clinical Psychology	13	4.4 (0.8)
Summer 15	Human Sexuality	20	4.8 (0.7)
Fall 15	Service and Scholarship Releases	--	--
Spring 16	PSYC 402(1)/ Psychological Testing	39	4.7 (0.5)
Spring 16	PSYC 402(2)/ Psychological Testing	39	4.6 (0.6)

Other Teaching Activities

Independent Study supervision

Year	Students
2008-2009	Mae Encarnacion, Paige Friend, Sasha Maddox, Anna Meldau, Christiana Monarez, Rene Potter, Mae Talicurán, Laura Thode (8)
2009-2010	Sara Bayles, Janet Carrillo; Jessica Edwards; Ricardo Garcia, Anna Hood, Anna Meldau, Ashleigh Shepard, Mae Talicurán, Laura Thode (9)
2010-2011	Emily Alvarez Limas; Richard Brooks; Janet Carrillo; Jessica Edwards; Paige Friend; Anna Hood; Octavia Bates Kimball; Eleuterio Limas; Sara Margetta; Felicha Martedi; Janice Tham (11)
2011-2012	Jennifer Bachand; Brittany Basora; Jessica Edwards; Anna Hood; Alexa Kliebenstein; Ivan Orr; Daniel Rosenberg; Jackie Schroeder; Marlene Strege; Janice Tham; Azucena Vazquez; Jonathan Volden; Cassandra

	Volpe; Hirra Zahir (14)
2012-2013	Jennifer Bachand; Brittany Basora; Grant Brady; Marrisalyn Gonzalez; Michelle Hackbardt; Teresa Kapphahn; Jeffrey Olson; Daniel Rosenberg; Nicholas Roome; Jackie Schroeder; Marlene Strege; Heidi Swanson; Azucena Vazquez; Jonathan Volden; Cassandra Volpe (15)
2013-2014	Brittany Basora, Melissa Gary, Marrisalyn Gonzalez, Michelle Hackbardt, Teresa Kapphahn, Dustin Kessler, Victoria Lamb, Anela Amba-Pascua, Nicholas Roome, Heidi Swanson (10)
2014-2015	Breanna Crews, Melissa Gary, Marrisalyn Gonzalez, Brett Goudy, Jonathan Hoerr, Gabe Holguin, Teresa Kapphahn, Dustin Kessler, Victoria Lamb; Kelly McCann, Sheina Nielson, Anela Amba-Pascua, Donna Phonsane, Micah Savin, Daniel Sinclair, Jessica Smitherman (16)
2015-2016	Dana Behl, Breanna Crews, Jennifer Crisman, Jonathan Hoerr, Gabe Holguin, Dustin Kessler, Victoria Lamb, Kelly McCann, Hunter Montoya, Sherianne Murphy, Donna Phonsane, Alejandra Ramos, Candice Reel, Jesusantonio Reyes, Micah Savin, Daniel Sinclair (16)
2016-2017	Dana Behl, Jennifer Crisman, Amanda Dean, Jonathan Hoerr, Kristina Johnson, Victoria Lamb, Myra Little, Hunter Montoya, Sherianne Murphy, Donna Phonsane, Alejandra Ramos, Candice Reel, Jesusantonio Reyes, Neil Sheaffer, Conner Whitten (15)

Master's thesis supervision

1. Pandzic, I. (2008-2011). The moderating role of fatigue on the relationship between optimism and distress among college students. Committee chair
2. Smith, M. (2008-2011). Role of glutamate release in the behavioral effects of ketamine and phencyclidine. Committee member.
3. Merchant, G. (2009-2011). Hope and exercise: The integration of hope theory into the trans-theoretical model. Committee chair
4. Guhlow, E. (2010). Impulsivity and reading comprehension: Examining gender differences and a possible interaction. Committee member.
5. Larson, C. (2010-2011). When good optimism goes bad: Unrealistic optimism and effects of event threat. Committee member.
6. Vogel, M. (2010-2011). Turning fad into fiction: The influence of appearance-based and media-based interventions on tanning attitudes and behaviors. Committee member.
7. Gage, C. (2010-2011). Mindfulness, self-actualization, and unconditional self-regard. Committee member.
8. Luna, T. (2010-2013). A computerized voice interactive system for screening depression in Southwest California Indians. Committee member.

9. Limas, E. (2011-2013). Father-child bonds and their effect on quality of adult relationships. Committee member
10. Milner, A. (2011-2013). Disordered eating and romantic relationships: Examining the roles of benevolent sexism and self-objectification. Committee member
11. Passyousofi, M. (2011-2014). Examining Sternberg's Triangular Theory of Love in Pakistanis in Pakistan and the United States. Committee member.
12. Limas, E. F. (2011-2014). The effects of a social norm intervention on smokers' physical distress tolerance and smoking behavior. Committee chair
13. Waters, A. (2011-present). Positive organizational psychology and small teams. Committee member
14. Quintero, J. (2012-2015). Humble yourself: Does humility mediate the gratitude-happiness relationship? Committee member.
15. Wren, G. (2014-2015). Anxiety, emotion knowledge, and emotional reactivity in young children. Committee member.
16. Emami, A. (2014-2015). Effectiveness of a gender-role specific message in improving pain tolerance among non-Hispanic White and Hispanic women. Committee chair.
17. Maldonado, A. (2015-2016). The role of sociocultural factors on perceived mental health service utilization in women of Mexican-American farmworker families. Committee member
18. Brunner, A. (2015-2016). Differential effects of two mindfulness strategies on pain and distress. Committee member.
19. Preciado, A. (2015-2016). The effects of acculturative stress on maternal anxiety and cortisol levels during pregnancy. Committee member.
20. Chavez, M. (2016-xx). The potential protective role of communal nesting on the behavioral consequences of prenatal infection in mice. Committee member.

Student Scholarship

2009	Ines Pandzic	California Pre-doctoral Scholarship, Honorable Mention
2010	Gina Merchant	California Pre-doctoral Scholarship, Honorable Mention
2011	Anna Hood	CSUSM Student Research Competition Finalist
2011	Eleuterio Limas	CSUSM Student Research Competition Finalist
2011	Gina Merchant	CSUSM Student Research Competition Finalist
2011	Gina Merchant	CoAS Graduate Dean's Award Recipient
2011	Gina Merchant	Chancellor's Doctoral Incentive Program Recipient
2012	Anna Hood	CHABSS Dean's Award Recipient
2012	Gina Merchant	Chancellor's Doctoral Incentive Program Mini-Grant Recipient
2013	Eleuterio Limas	Hein Family Fellowship
2014	Michelle Hackbardt	Psychology Department Award, Outstanding Graduate
2015	Sheina Nilsen	Western Psychological Foundation Student Scholarship Award – outstanding paper at WPA
2015 & 2016	Micah Savin	Oklahoma Tobacco Research Center Summer Scholar Research Excellence Award

2016	Micah Savin	CSUSM Student Research Competition Finalist
2016	Jonathan Hoerr	CSUSM Student Research Competition Finalist
2016	Ashley Emami	Western Psychological Association, Division 52/International Psychology, First Place in Student Poster Competition
2016	Micah Savin	Sally Casanova Scholarship Award

Previous Teaching Experience

Year	Course/University/#semesters	Enroll.	Role
1996-1997	General Psychology/Midwestern State University/2	35	Instructor
1997-1999	Strategic Tutor/University of Kansas	Individual instruction	
1999	Individual Differences/University of Kansas/1	150	TA
2000	Abnormal Psychology/University of Kansas/1	300	TA
2001	Introduction to Psychology/University of Kansas/2	1,000	TA
2001	Personality/University of Kansas/1	30	Instructor
2004	Personality/University of Kansas/1	20	Instructor
1997-1999; 2004-2005	Independent Study/University of Kansas/4	4	Instructor
2006	Abnormal Psychology/Cal State San Marcos/1	45	Instructor

SERVICE

Department

2008- 2011	Adjunct Faculty Coordinator assistant
2008- 2010	GA/TA Standing Committee member
2008-present	Annual address in <i>PSYC 600: Contemporary Issues in Psychology</i>
2008-present	Website maintenance for department homepage
2008-present	Rotation member for meeting minutes
2010	Psychology Major Transfer Orientation
2011-2014	Lead Adjunct Faculty Coordinator
2015	TT Faculty Search Committee Chair (Clinical)
2015	Contributed to external review of Bachelor's and Master's programs
2015	Contributed to the development of a new department policy and procedure for tenure track faculty search
2016	Peer Review Committee (PRC) Common Member, Psychology Department
2016	PRC Chair, Psychology Department
2016	Graduate Program Assessment
2016	TT Faculty Search Committee Member (Quantitative)

College

2009	CoAS Faculty Reinstatement Committee member
2011-2013	Faculty Development Committee member

University

2009-2013	Academic Senator
2009-2011	Veterans and Active Duty Educational Steering Committee member
2009-2013	Faculty Mentor, Faculty Mentoring Program
2011-present	Member, Faculty Connections
2015-present	CSUSM Tobacco-Free Campus Policy Task Force Faculty Leader
2016-2017	TT Faculty Search Committee Member (Master of Public Health; Global Health)
2016-present	Master of Public Health Advisory Board Member

Scientific and/or Community

1996	Guest Lecturer, <i>Stress and health</i> , Midwestern State University
1996 – 1997	Co-author of an Association for the Advancement of Behavior Therapy series “Column on Legislative and Professional Issues,” <i>The Behavior Therapist</i>
1996 – 1997	Founder and Editor, <i>Psi Chi National Honor Society in Psychology newsletter</i> Midwestern State University
1997	Panel Member, “ <i>Going to graduate school</i> ” Emporia State University Psychology Club
1995 – 1999	Reviewer <i>Psi Chi Journal of Undergraduate Research</i> <i>Journal of Psychological Inquiry</i>
2004, 2005	Abstract Reviewer <i>Society of Behavioral Medicine Annual Conference</i> Psychological and Personal Factors in Health, Behavior Change, and Illness Track
2005 - 2008	Reviewer <i>Addiction</i> <i>Journal of Youth and Adolescence</i> <i>Health Promotion & Practice</i> <i>Journal of the National Medical Association</i> <i>Health Education & Behavior</i> <i>Health Promotion International</i>
2007	Guest Lecturer “ <i>Chronic disease epidemiology, risk factor I: Smoking</i> ” San Diego State University
2008	Attendee, Positive Psychology Summit, Claremont Graduate University
2008	Invited Speaker <i>Role of research in clinical psychology graduate study admission</i> Psi Chi/PSO, California State University San Marcos
2008	Invited Speaker, <i>Maintaining hope in the face of stress</i> Because I Care Resource Fair, San Marcos Senior Center, San Marcos, CA
2009	Invited Speaker, <i>Sex addiction: Not so addicted to love</i> Student Health and Counseling Services, California State University San Marcos
2009	Invited Speaker, <i>Understanding the link between addiction and distress tolerance and creating novel interventions</i>

Office for Biomedical Research and Training (OBRT) Seminar Series, California State University San Marcos

2009 Student Research Competition Judge, California State University San Marcos

2010 Reviewer
International Journal for the Psychology of Religion
Journal of Clinical Psychology

2010 Invited Speaker, *How to quit smoking: Help for smokers and loved ones*
Because I Care Resource Fair, San Marcos Senior Center, San Marcos, CA

2009-2012 Invited Speaker, *Clinical health psychology lab opportunities*
OBRT Bridges Program Luncheon

2012-present Editorial Board Member, *Journal of Addiction*

2013 Guest Lecturer, *Positive traits and distress tolerance*
Positive Psychology class, California State University San Marcos

2013 Invited Speaker, *Clinical psychology and addiction*
CSUSM chapter Psi Chi and Psychology Student Organization (PSO)

2014 Society for Research on Nicotine and Tobacco Disparities Network Program
Workgroup member

2014 Contributor to Rancho Buena Vista High School Wellness Program

2015 Society for Research on Nicotine and Tobacco Conference Abstract Reviewer

2015 NIH Tobacco Regularly Science Small Grant Program for New Investigator (R03)
Study Section Invited Reviewer

2015 Reviewer, *Population Health Metrics*

2015 Reviewer, Society for Research on Nicotine and Tobacco Travel Scholarship to
Increase Diversity 2016, SRNT Health Disparities Network

2016 Evaluator, The Dads' Club, Vista Community Clinic

2016 Faculty Mentor, American Psychological Association Summer Undergraduate
Research Opportunity

2016 Reviewer, *Nicotine and Tobacco Research*

Clinical

1996 Therapist and Assessment Technician
Helen Farabee Center, Mental Health and Mental Retardation Child and Adolescent Unit, Wichita Falls, TX

1997 Therapist and Assessment Technician
Clinics of North Texas, Psychiatry, Wichita Falls, TX

2000-2002 Therapist and Assessment Technician
University of Kansas Psychological Clinic, Lawrence, KS

2001-2002 Clinical Health Intern, Pediatrics, Palliative Care, Rehabilitation Units
University of Kansas Medical Center, Kansas City, KS

2001-2004 Motivational Interviewing Counselor
University of Kansas Medical Center, Kansas City, KS

2005-2006 Pre-doctoral Intern (APA Approved)
Dwight D. Eisenhower VA Medical Center, Leavenworth, KS

2012-2013 Psychiatric Diagnostician, DSM-IV TR
 California State University San Marcos

2013-present Psychiatric Diagnostician Supervisor, DSM-IV TR
 California State University San Marcos